Clinton



Events

Volume 11 • Quarter 4 • 2012

www.eventsmagazines.com



HOMECARE SERVICES



Knock. Knock.

Middlesex Hospital Homecare is here. For the care you need when you need it at home.

Nursing Care • Hospice & Palliative Care • Personal Care Services Rehabilitation Therapy • Chronic Disease Monitoring

Sometimes the comfort of your own home – with its familiar surroundings and the support of family members – is the best place for your recovery. With Middlesex Hospital Homecare, the compassionate and expert care you've come to expect from Middlesex Hospital can come home with you. We provide a full range of in-home services including skilled nursing, and on-call staff available 24 hours a day, seven days a week throughout Middlesex County and beyond. For more information, please call 860-358-5600.

MIDDLESEX HOSPITAL Homecare

www.middlesexhospital.org/homecare

TECHNOLOGY WITH A HUMAN TOUCH™

First Selectman's Corner

I hope this issue finds all of our residents well. Clintonites are resilient people, enduring Hurricane Sandy and Winter Storm Athena in the course of a week, only 14 months after Irene. We lost power, had no heat and shoveled snow. The Police, Fire and Public Works Departments did another fantastic job handling these events keeping our residents safe and making sure the Town was back to normal in short order.

Town projects are progressing well; Town Hall is looking better by the day and at completion we will have restored, high efficiency building requiring reduced maintenance. Bulkheads and annex projects have been bid as well as the regional animal shelter and streetscape. Its going to be very busy in town during the late winter and early spring. All of these improvements are enhancing our downtown, taking advantage of our natural assets and making Clinton a destination.

The Morgan Building Committee is progressing. They have hired Newman Associates as an architect, FIP as a construction manager and are interviewing owner's representatives, still shooting for fall 2015 occupancy.

lt's been another successful season in fall sports with great promise for the future. Speaking of which, don't forget to stop by and visit the 350th committee in the office across from the Coffee Break on East Main Street to learn about all the exciting activities planned for 2013 and how you can help. It all begins on



William Fritz First Selectman

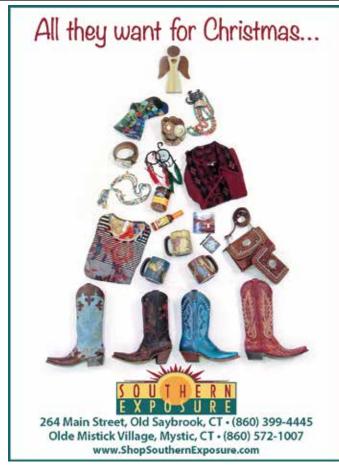
December 31st with the big kick-off dance in the Town Hall auditorium; much like the Soccer dance it will be an affordable event to get residents together to celebrate Clinton moving into a new era. Don't miss it.

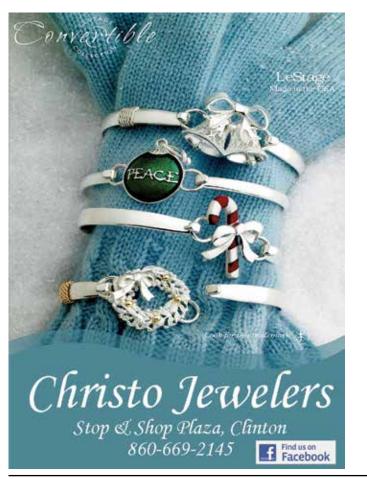
As always, I love having the privilege of being your First Selectman and hope to see you around town.

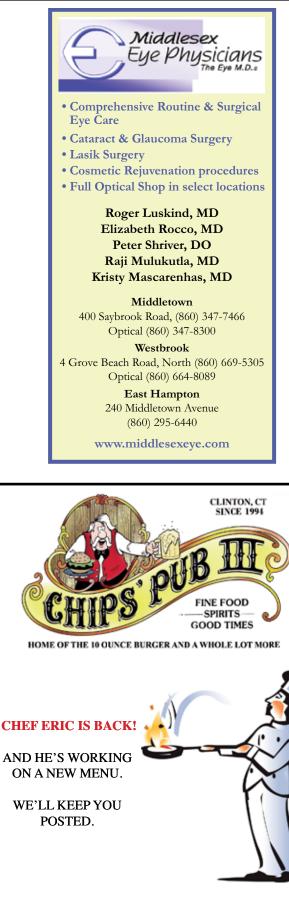
Willie



860-669-2232 www.holyadventclinton.org







24 WEST MAIN STREET CLINTON,CT 860-669-DINE (3463) chipspub3.com

Clinton Chamber of Commerce

HOLIDAY BUSINESS AFTER HOURS

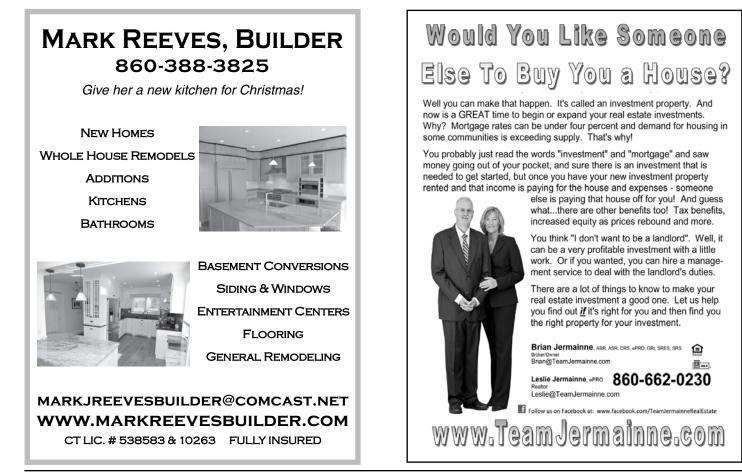
The Clinton, Branford, East Haven, Guilford, Madison and North Branford Chambers of Commerce will host a holiday Business After Hours at Bill Miller's Castle, 834 East Main Street, Branford on Tuesday, December 4 from 5:30 to 7:30 p.m. The annual event draws upwards of 300 guests. Entertainment is by Robbie G. of Dancin' Dawg Productions. More than a dozen local restaurants and eateries cater. Guests are encouraged to bring a new and unwrapped toy for the U.S. Marine's Toys for Tots collection. This Business After Hours is sponsored by Shoreline Times and New Haven Register. Advance registration is \$20. Registration through the Clinton Chamber of Commerce can be made by phoning 860-669-3889, emailing chamber@clintonct.com or sending your reservation and check to P.O. Box 334, Clinton, CT 06413. Credit card reservations also accepted.

BUS TRIP TO NYC

The Clinton Chamber of Commerce is planning a Noshing Bus Trip to New York City on Sunday December 9. Scheduled stops include Zabar's Food Market, Chelsea Market, Eataly (Mario Batali's), Bleeker Street for a slice of Joe's Pizza, Agata & Valentina, and Bryant Park. Cost is \$60 per person, payable when seat is reserved. Riders can bring a cooler to store their purchases under the bus. The chartered bus will pick up prepaid guests and will depart from Exit 63 off I-95 at 8:00 a.m. The bus will leave NYC at 5:30 p.m. The trip is open to the public. Walk-ons cannot be accommodated. All reservations must be prepaid by cash, check or credit card. Arrangements can be made by calling the Clinton Chamber of Commerce at 860-669-3889 or emailing chamber@clintonct.com.

SPEED LEADS EVENT

The Clinton Chamber of Commerce will hold a speed networking event on Wednesday, January 23 from 5:30 to 7:30 p.m. at Sophia's Restaurant, 110 Boston Post Road, Westbrook. Sponsors for the event are MacKinstry Financial Services and Educator's Retirement and Insurance Marketing Group. Attendance is limited. Speed networking participants talk one-on-one with 20 people and have five minutes with each person to describe their business and ideal prospect. The process allows for professional relationship building, expanding one's networking, and learning in detail about other attendees. Tickets are only available in advance. Refreshments will be served. Pre- and post event networking is included and encouraged. For more information or to register, contact the Clinton Chamber of Commerce at 860-669-3889 or chamber@clintonct.com.



Events



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The Mission of The Church of the Holy Advent

The Episcopal Church of the Holy Advent on the Boston Post Road has a mission statement which clearly states that "service to others" is very important to the church family of Holy Advent, whether it be reaching out world-wide, or to local needs, or to the needs of people connected to our parish.

We also make our church spaces available to various non-profit agencies, especially those who seek to bring relief to the addicted and provide for the youth and for the aged. Our Parish House is the weekly site for AA meetings and rehearsal space for the United Girls Choir. We are also a covenanted member of The Shoreline Soup Kitchens & Pantries, and host a grocery distribution site every week that serves on average 100-150 local families in need. Temporarily we are hosting the Meals on Wheels Program also. We have established a tax-exempt 501 (c)3 charity entitled Our Community Cares, which enables us to reach out to needs in our community while providing a tax-deduction to donors.

Most recently we have cleared almost two acres of fertile land behind the church, in the hopes that we can host a common garden to meet the ongoing food needs of our Clinton Food Pantry. Any gardeners, "master" or otherwise are welcome to help us in this community project.

Efforts to reach out are also reflected in our commitment to the care-giving efforts of our global provider: Episcopal Relief & Development, as well as our recently completed Refugee Resettlement Program. We also provide fuel and emergency assistance to parish and community families in need, to the Cathedral of Haiti recovering from earthquake damage, and to 'Camperships' to make a great summer camp experience available to children at Incarnation Camp in Ivoryton.

We are requesting funds now to make our parish house ADA compliant by the spring of 2013. This will provide safety and accessibility, to not only our own disabled parish members, but also to those hundreds of individuals in the larger community who utilize our space. This will greatly enhance accessibility of those in need of food, support, and addiction services. The overall cost of accessible bathrooms, ramps, and weatherization is expected to be \$30,000. This improvement will make a big difference in the lives of those in the community who depend upon our services.

Our address for contributions is: Holy Advent, P.O. Box 536, Clinton, Ct. 06413-0536. Our phone is 860-669-2232. Our Rector, The Rev. Peter Larom, can be reached at 914-282- 2450. Thank you for caring.

Families Helping Famillies

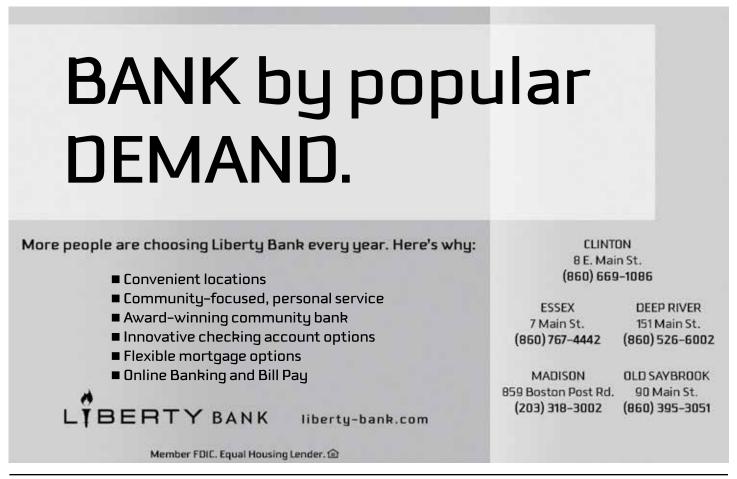
When we are out and about around town people come up to us and say "thanks for all you do" our response is always the same. We aren't the people to thank. The ones to thank are the thousands of Clinton residents who have been so supportive to our cause/mission over the years. Nearly seven years ago we thought this would only be a November/December effort. Now the effort to assist Clinton families has become a year round effort. The effects of the economic down-turn have devastated many, many Clinton families. The continuing support from the entire Clinton community has been nothing short of amazing. This assistance has helped us establish and continue funding three community out-reach programs.

Our "Energy Assistance Program" provides home heating oil to people who have exhausted all other avenues of assistance or in emergency situations. The "Fresh Produce Initiative" provides a supply of fresh fruits and vegetables on a weekly basis. We have partnered with a wholesale produce company which allows us to purchase produce at 20-25% below retail prices. Our "Back to School Effort" provided quality back-packs for Clinton children. None of this would be possible without the on-going support from Clinton families. Need an idea for a Christmas present to that person who has everything? How about a donation to Families Helping Families in the name of that person. We will be happy to send someone a personal note to that person including the name of the donor should you want to be acknowledged. All donations should be sent to P. O. Box 166 Clinton, CT 06413.

We need to say thank-you to all who attended our events during 2012. Once again the character of Clinton was on display, not only by the attendance, but by the thousands of dollars and thousands of pounds of food that were collected. One hundred per-cent of all monies and all the food collected stay within the Town of Clinton and help Clinton families.

We again will have a full schedule of events in 2013 starting with The Clinton Lions Club Pancake Breakfast to benefit Families Helping Families on Sunday January 27 from 8:30-11:30. The event will be held in the Green Room at the Clinton Town Hall. If you ever have any questions about our mission or our organizations feel free to call me at 860-669-5592. Again our sincere thanks for your continuing support of our efforts.

Miner T. Vincent, President Families Helping Families





New Service in Haddam!

Public Transportation for all ages serving Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Lyme, Old Saybrook & Westbrook

Connections to Southeast Area Transit buses in New London, CT Transit New Haven in Madison, Middletown Transit and CT Transit Hartford in Middletown

Call 860.510.0429 www.9towntransit.com



9 Town Transit is Operated by the Estuary Transit District



Save the Date!

The Community Fun Drumming Circle (Rescheduled from November 3rd)

The Clinton Community is invited to our first Fun Drum Circle on Saturday afternoon on March 2nd from 4:00 to 6:30 pm in the Morgan Cafeteria, presented by John Boiano, motivational speaker and community activator. Families will experience a positive, uplifting and inclusive community-building experience. No prior experience necessary. Fun for all ages. (If you have a favorite drum you can bring it.) Please call 860-669-1103 to reserve a place for your family. No walk-ins. There is a \$5.00 fee per family, or bring 2 non-perishable, non-expired food items (peanut butter, canned tuna/chicken) for Clinton Social Services. Dinner catered by Subway is included. More info on drumming at www.fundrum.org. Sponsored by a grant from Middlesex United Way and Clinton Youth & Family Service Bureau.



General Contractors, Custom Homes, Additions, Renovations & Remodels Essex, CT 860-304-8383

ABC Holiday Concert

The Madison *A Better Chance (ABC) Program* will be presenting its Holiday Concert on Sunday, December 9 at 4:00 pm at the First Congregational Church on the Green.

This highly anticipated annual event features many local performers including the Shoreline Youth Symphony Orchestra, The Shoreliners Quintet, the Daniel Hand High School musical groups Waes Haeil and ENCORE, and special guest performance by Yale - a cappella group Red Hot and Blue. There will be pre-concert caroling by The Shoreline Chorale. There is no admission fee for this concert, but there will be a free-will donation.

All proceeds go to the Madison ABC Program, which recruits talented inner city youth and offers them a four-year opportunity to attend Daniel Hand High School in preparation for a successful college experience.

The Madison ABC Program, a non-profit organization, relies totally on contributions and special projects like this Holiday Concert.



ABC Students



Red Hot and Blue



Essex Savings Bank Opening Chester Branch

Essex Savings Bank President and CEO, Gregory R. Shook reported that he has negotiated and executed a lease agreement with the town of Chester in the former Bank of America branch. It is expected the branch will begin operations in December after modest renovations.

Mr. Shook stated: "We are thrilled to have the opportunity to bring back Community banking to Chester. Since 1851 we have been a safe financial harbor providing a value added formula comprised of outstanding advisors and officers that take pride in building long term personal relationships... Essex Savings Bank is proud to offer a full complement of financial services for the individual, business, trust and investment clients in Madison and the surrounding communities." He noted that John W. Rafal, President of Essex Financial Services the Bank's subsidiary, was ranked number one in Barron's Top 100 Independent Financial Advisers article for several years including Barron's Top 100 Financial Advisers. Most recently he was featured in their, The Best Advice article in their November 10, 2012 "an Optimist's agenda". "Our team also includes, Granville Morris, Senior Vice President, the leader of the trust department who as an experienced Trust Attorney leads an extraordinary team who fulfill the individual needs required in the protection and preservation of clients' assets," Shook stated.

The Bank's capital far exceeds regulatory requirements for "well capitalized" banks. Mr. Shook further added, "We do not have shareholders to please and continue our long heritage as a mutual savings bank, a non-public organization with a far-reaching vision for our customers and the communities we serve. Our Community Investment Program, which returns 10 percent of our after tax net income to non-profits, is a testament to our commitment to the quality of life we strive to support in our area of operations."

The next deadline for Clinton Events is February 1st





Inland Wetlands Citizen Guide

Inland wetlands agencies regulate activities that affect inland wetlands and watercourses. Pretty straight forward. Except that inland wetlands are defined by soil type being poorly drained, very poorly drained, alluvial or floodplain - and some of these soil types may not appear "wet" per se. As a result, you may own land or live adjacent to land that contains regulated inland wetlands and not be fully aware of it. Of course ignorance is of limited value if you are found to have undertaken unauthorized work such as clearing, grading, excavating, filling or constructing in or near wetlands. In Clinton, activities such as these that fall within 100 feet of a wetlands or a watercourse require review and permitting by the wetlands commission or its agent.

Outside of the shore area, Clinton's geology is not unlike much of the state's other upland regions: a mix of glacial till (hardpan) and bedrock, with areas of stratified drift (sand and gravel) oriented along the larger pre-glacial valleys, and a layer of alluvium (material deposited by running water) associated with many of our current streambelts. This geology helps explain the presence of many of our inland wetlands, as glacial scouring created numerous depressions and hollows in the bedrock; compact glacial till, organic muck, and other poorly



draining soils filled these areas; and alluvial and floodplain deposits blanketed our numerous streams. South of Route 1, glacial outwash sands predominate and the wetlands tend to be tidal, with some exceptions. Tidal wetlands are regulated separately through DEEP's Office of Long Island Sound Programs and locally under our Coastal Area Management program.

The easiest way to determine where inland wetlands boundaries exist, and whether your activity is proximate to them, is by consulting the official wetlands map, which is housed in the land use department at Town Hall. Or you can use the following link: http://clintonct.org/pdfs/ Wetlands_Map-Updated_5-10-12.pdf. It is worth checking the map out, if only to marvel at the sheer number of these areas. Prior estimates placed some 15 percent of the Town's land area as inland wetlands, with another 7 percent tidal! Since the map also shows property boundaries and roadways, you can quickly orient yourself.

The best reason for viewing the wetlands map at Town Hall is because Tom Lane, IWC Officer, and Sherry Hynes, IWC Land Use Technician, can assist you (the second-best reason to visit Town Hall is to enjoy the pre-WWII, neoclassical architecture). Tom and Sherry can determine if your project is a regulated activity, explain the application process, and provide you with necessary forms and guidance.

For a primer on inland wetlands regulation, you may also consult DEEP's Citizen Guide to Participating in the Municipal Regulation of Inland Wetlands and Watercourses. The guide provides a good, brief overview on the following topics: Citizen Involvement in the Municipal Regulatory Process, Property Owners, Enforcing the Law, Attending Regular Meetings, Public Hearings, Becoming an Intervener, and Appealing Decisions. A link to the guide can be found on the land use page of our municipal websitehttp://clinton ct.org/land_use.php#inland.

> David Radka Chair, Inland Wetlands Commission

Clinton Parks and Recreation

Check out our website:

www.clintonparkrec.com

Town Clerk's Office

Tis the end of the year and the holiday season is upon us. A great gift is to give your loved ones their 2013 Fishing and Hunting license. The licenses will be available in Dcember.

The Town Clerk's office is open Monday - Wednesday, 9 am - 4 pm. Thursdays 9 am - 7pm, and Fridays 9 am - noon. Phone: 860-669-9101

Have A Wonderful Holiday!

Partners in Community

Inspiring Confidence. Empowering Clinton. On August 26, 2012, The First Selectman's Task Force on Substance Abuse adopted a new name, Partners in Community! Task Force members met frequently over several months to discuss the 22 year evolution of the coalition, its "feel" and essence, and explored in depth whether or not the former name accurately reflected the spirit of and current work being done by the group. Feeling strongly that the name Partners in Community [PiC] most closely captured the direction that the substance abuse prevention coalition was working towards, the Task Force's name was formerly changed and celebrated at a community PiCnic in August 2012. Partners in Community has the same mission as the Task Force; we will provide tools to inspire and empower the people of Clinton to connect, talk and take action to enhance the well-being of our community.

Partners in Community calls to every member of the Clinton community to take action to prevent substance abuse by celebrating and developing the assets we have in our youth, businesses, families and adults. We believe that each community member is essential to eliminating substance abuse, and working together, we can create a healthy, connected place for everyone to live.

It is PiC's intention to provide opportunities for parents to connect with one another, to support them in communicating with their children especially on "hard TOPiCs", and to offer assistance with finding resources if necessary. We will provide pathways for youth to lead in our community, to develop and strengthen their leadership abilities, and to set examples as positive role models for other students. PiC will work closely with the schools, civic groups, churches and other organizations to develop relationships that will serve as strong foundations for healthy choices in our youth and adults.

Please join us and become a Partner, as we bond together our community members and create a connected, healthy place for our children to grow up! Keep an eye out for us at Christmas in Clinton, at various TOPiC discussions in early 2013 and at other events throughout Clinton's 350th anniversary! Keep in touch at www.clintonpic.org and https://www.facebook.com/ClintonPiC. You can also reach us at 860-664-1141.



Estuary Council Regional Senior Center

The Estuary Council of Seniors, Inc. has been Serving Seniors in the nine-town Estuary region for 38 years! Call us to receive our Gazette Newsletter or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more!

CAFÉ MEAL SITES - Clinton, Old Saybrook, Old Lyme, Chester and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

MEALS ON WHEELS - hot meals for homebound seniors, delivered to your home. Call Peg at 860- 388-1611. A donation of \$3.00 is requested for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION - For medical appointments to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

Classes and Activities: Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

ESTUARY THRIFT SHOP - Open 10 am – 3:45 pm, Monday - Friday; and 9 am - 12:45 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more



Specializing in Shoreline Homes 860-339-5251 cell: 860-333-7117 website: bettymartelle.com 33 Main Street, Old Saybrook, CT

WILLIAM RAVEIS

 available. Donations are accepted and volunteers always needed!

HOLIDAY LUNCHES - Join us in Old Saybrook for our annual Christmas luncheon on December 19th at noon, featuring holiday classics by Racquel Whipple. The reservation deadline is December 12th at 11 am. Call 860-388-1611 to make your reservations.

And, you are cordially invited to join us for the 2nd Annual New Year's Extravaganza on December 28th at noon in Old Saybrook. This event is fancy, fancy, fancy. Music will be provided by Encore Entertainment. Reservation deadline is December 19th at 11 am. Call 860-388-1611 to make your reservations.

Donate Your Car or Boat to the Estuary Council. Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

YOU'VE GOT MAIL! - Be the first to know what is happening by getting our newsletter emailed to you! Visit our website at www.ecsenior.org and click on the Newsletter icon to follow the link and sign up! Please let us know to remove you from the mailing list once you've decided to go paperless.

VOLUNTEER OPPORTUNITIES: Call Judy at 860-388-1611. 220 Main Street, Old Saybrook.

A New Dimension in MRI Comfort

Middlesex Hospital now offers a "Wide-Open" MRI System. Are you claustrophobic? Can you tolerate having a CT scan? If so, you can now comfortably get an MRI at Middlesex Hospital, with its new "wide-open" MRI. Even for people who are not claustrophobic, the wide-open MRI provides a much more comfortable space during the exam than in the past.

"Open" vs. "Wide-Open" MRI - Many people believe that having an "open" MRI can eliminate the claustrophobia they feel when having the same test in a traditional MRI unit. These types of "open" MRI systems are only open on the sides, and the top of the magnet is still very close to the body. In addition, these MRIs are also usually "low-field" MRIs, and although they do give patients more room during the test, they also have a significant drawback - it takes a lot longer to obtain the same image quality as traditional, "high-field" MRI machines. To cut down on exam times, some lower-field MRI systems may not have the same image quality as a state-of-the-art, higher-field system.

Continued on page 14

Healthy Eating through Healthier Habits for Seniors

As we age, the make-up of what we eat becomes more and more important to our bodies and our overall well being. With proper nutrition, we are better able to manage health issues such as high blood pressure, cholesterol and sugar levels. We also reduce or eliminate common ailments such as swelling and inflammation, poor digestion, and low energy.

While many seniors find themselves on some type of "restrictive" diet, this does not have to mean the end of enjoying a good meal. In fact, with better food labeling and an increasing selection of healthier foods in grocery stores, eating better really tastier than ever. Here are some tips to help get in the habit of shopping and eating well:

Fresh is best when it comes to fruits and vegetables, and frozen is second best (avoid high-salt or sugary canned foods). The fiber and vitamins in popular favorites such as apples, blueberries, plums, broccoli, cauliflower, and avocados provide countless benefits. Enjoy these foods raw, steamed or sautéed in a little olive oil. Brown (whole grain) is better when it comes to breads, pasta, rice and cereals. For potatoes, sweet ones are far more nutritious than white. Choose lean, high-protein foods such as fish, turkey, pork, beans, peas, nuts, for higher energy and better bone health. Eggs, cheese and milk have calcium that is also beneficial to bone health. However, these foods should be avoided if cholesterol levels are a concern. Use olive oils or soy-based margarines instead of butter whenever possible, to keep cholesterol counts down.



Seniors are encouraged to eat as many fresh fruits and vegetables as possible every day.

Choose water over high-sugar drinks and fruit juices. Instead of canned soups or frozen dinners, keep bagged salads, canned tuna, and low-fat yogurts on hand for quick meals.

If you live in a retirement community, discuss your diet with the chef, nutritionist, or nurse. They will make recommendations for you and prepare foods that meet your special needs. By adopting better eating and shopping habits, we can find the best balance of foods that keep us healthy and help us enjoy a great (and delicious) quality of life.

> Kathy Ryan Executive Director of The Saybrook at Haddam



A New Dimension in MRI Comford ... continued from page 13

Middlesex Hospital only uses high-field MRI machines, since they produce the clearest images - because the higher the field strength, the better the quality of the images produced. However, the opening in these traditional machines is considered too small by some larger or claustrophobic patients. All that is changing at Middlesex Hospital. The Hospital now offers a new dimension in patient comfort with its wide-open bore, high-field MRI that combines a much larger bore (opening) and a much shorter "tunnel" (length). The new wide-open bore design accommodates all sizes (up to a 550-pound patient) eliminating anxiety and claustrophobia. For many exams, both the feet and head remain outside the machine. In addition, the new MRI is quieter and may require less time to capture the necessary images.

Why should patients care about the quality of their MRI images? When your doctor orders an MRI, he or she is looking to get as clear a picture as possible of what is going on in your body. The best way to get a clear picture is to use

the type of technology that provides physicians with crisp and clear photos of the anatomy. "This is great news for patients who may have chosen to receive a low-field, open MRI in the past," said Laurel Patt, Middlesex Hospital Director of Radiology. "These patients can now feel assured that if they get an MRI here at Middlesex Hospital, they won't have to worry about their size or the fact that they may be claustrophobic. The new "wide-open" MRI system at the Hospital is currently operational. In addition, the current MRI scanner at the Outpatient Center on Saybrook Road in Middletown will be replaced with a new, "super-high-field strength" MRI. This new MRI has double the field strength and can produce even clearer, more detailed images. It will be operational at the beginning of March 2013. When using the new, wide-open MRI systems at Middlesex Hospital, patients will be comfortable, experience less noise, spend less time in the machine and can still be sure that their doctors will get the highest quality medical imaging. In other words, patients now have the best of all possible worlds at Middlesex Hospital if they need to have an MRI!

Warm the Children

In the Valley Shore, needy children will go cold this winter without your help. The Warm the Children Fund is neighbor helping neighbor. Events Magazines and the Old Saybrook Rotary Foundation are asking readers to donate to the fund, and all proceeds will be used to buy new winter clothing for needy area children. This is the 20th Warm the Children campaign. Children who benefit from the program live in Essex, Chester, Deep River, Lyme, Old Lyme, Old Saybrook and Westbrook. Social service agencies in each town will work with coordinator Jason Smith, assisted by Dick Campbell, John Donnelly, Ken Roche, Bret Taylor, Bill O'Shaughnessy and Stephen Brinkmann. The coordinators will make arrangements with Wal-Mart in Old Saybrook and assignVolunteer Shoppers to take the families shopping for their winter clothing. Shoppers are local residents who want to help out by donating their time for this worthwhile cause.

As donations are received, volunteer shoppers are asked to call a family to set up a shopping trip to Wal-Mart. Shoppers then meet the family at the store and assist in picking out approximately \$90 worth of clothing per child. All \$90 is spent on clothing whether it be coats, hats, gloves, mittens, boots or winter clothing.

There are no administrative costs of any kind. Simply complete the coupon and send it to the address on the coupon. All donations are tax deductible. Thank you!

	Enclosed is my donation to the WARM THE CHILDREN FUND	Rous or Crue on Orth Saymers Event
	Please cheek one: 🗉 I do want my name published on the donor list	magazire
	crowse end of ship, as a new my manuful published on the donor his	
	🖵 l do not want my name published on the dono	
Name		
Name		

CLINTON NEWCOMERS' GUIDE

Welcome to Clinton!

On behalf of *Events Magazines*, welcome to Clinton. Whether you are new to Connecticut or just new to Clinton you will find wonderful people and places to visit in town. From the Bluefish Festival, fun shopping, fine dining and water activities, Clinton has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses. Use this guide and "Buy Local" - we do!

USEFUL NUMBERS

Democratic Town Committee	860-669-5573
Republican Town Committee	860-669-5444

CLUBS AND ORGANIZATIONS

Clinton Lion's Club	860-669-7547
Clinton Rotary Club	860-388-7013
Clinton Youth and Family Service	S
	860-669-1103
Families Helping Families	860-669-5592
Arbor Garden Club	860-669-5121
Choral Club	860-669-2702

LIBRARIES

Henry Carter Hull Library .	
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POST OFFICE

Main Street	
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SCHOOLS

Superintendent of Schools	860-664-6500
Lewin B. Joel School	860-664-6501
Abraham Peirson School	860-664-6502
Jared Eliot Middle School .	860-664-6503
The Morgan School	

WORSHIP SERVICES

Church of the Open Door860-669-2155
First Church of Christ Congregational
St. Mary's Church of the Visitation
Episcopal Church of the Holy Advent
United Methodist Church860-669-8396
St. Alexis Orthodox Mission860-664-9434
Cornerstone Church860-664-0543

OTHER NUMBERS

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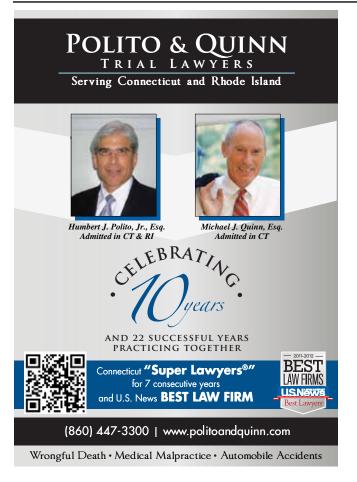
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